

**HEALTH INSURANCE RATES
EMPLOYEE/EMPLOYER BIWEEKLY
CONTRIBUTIONS - 2011**

	<u>Employee</u>	<u>Employer</u>
Empire Plan (001)		
Individual	\$ 27.26	\$245.34
Family	\$115.12	\$508.92
 Aetna US Healthcare (210)		
Individual	\$101.87	\$235.60
Family	\$453.24	\$500.58
 Blue Choice (066)		
Individual	\$ 21.28	\$191.56
Family	\$ 94.78	\$412.05
 Capital District Physicians Health Plan (CDPHP) – Capital (063)		
Individual	\$ 24.70	\$222.29
Family	\$122.01	\$485.41
 Capital District Physicians Health Plan (CDPHP) – Central (300)		
Individual	\$ 60.72	\$224.83
Family	\$215.18	\$488.64
 Capital District Physicians Health Plan (CDPHP) – Hudson Valley (310)		
Individual	\$ 70.37	\$224.38
Family	\$239.14	\$487.59
 Community Blue (067)		
Individual	\$ 25.36	\$228.22
Family	\$169.09	\$524.86
 Empire BCBS HMO - Upstate (280)		
Individual	\$ 76.54	\$239.89
Family	\$287.39	\$527.38

	<u>Employee</u>	<u>Employer</u>
Empire BCBS HMO - Downstate (290)		
Individual	\$124.21	\$240.10
Family	\$411.99	\$527.87
Empire BCBS HMO - Mid-Hudson (320)		
Individual	\$125.03	\$240.34
Family	\$414.19	\$528.42
GHI HMO (220)		
Individual	\$104.36	\$246.65
Family	\$371.21	\$540.45
GHI HMO (350)		
Individual	\$132.82	\$246.66
Family	\$448.54	\$540.45
HIP of New York (050)		
Individual	\$ 47.27	\$234.67
Family	\$172.77	\$508.56
HMO Excellus BCBS - Central (072)		
Individual	\$ 81.28	\$227.47
Family	\$260.53	\$489.97
HMO Excellus BCBS - Utica (160)		
Individual	\$ 63.70	\$220.01
Family	\$243.08	\$477.46
Independent Health (059)		
Individual	\$ 24.53	\$220.77
Family	\$114.42	\$490.46
MVP Health Care (058) (Rochester)		
Individual	\$ 21.07	\$189.65
Family	\$ 97.60	\$419.26
MVP Health Care – (060) (East)		
Individual	\$ 22.13	\$199.14
Family	\$102.58	\$440.48

	<u>Employee</u>	<u>Employer</u>
MVP Health Care – (330) (Central)		
Individual	\$ 33.74	\$219.51
Family	\$146.51	\$476.67
MVP Health Care – (340)) (Mid-Hudson)		
Individual	\$ 29.62	\$218.04
Family	\$135.87	\$473.38
MVP Health Care – (360) (North)		
Individual	\$ 70.88	\$223.21
Family	\$239.97	\$485.34