

**HEALTH INSURANCE RATES  
EMPLOYEE/EMPLOYER BIWEEKLY  
CONTRIBUTIONS - 2012**

	<u>Employee</u>	<u>Employer</u>
<b>Empire Plan (001)</b>		
<b>Individual</b>	<b>\$ 28.06</b>	<b>\$252.57</b>
<b>Family</b>	<b>\$122.13</b>	<b>\$534.78</b>
 Aetna US Healthcare (210)		
Individual	\$117.53	\$243.74
Family	\$490.61	\$527.78
 Blue Choice (066)		
Individual	\$ 21.40	\$192.65
Family	\$100.46	\$429.84
 Capital District Physicians Health Plan (CDPHP) – Capital (063)		
Individual	\$ 23.65	\$212.85
Family	\$109.60	\$470.71
 Capital District Physicians Health Plan (CDPHP) – Central (300)		
Individual	\$ 49.74	\$226.75
Family	\$176.81	\$503.61
 Capital District Physicians Health Plan (CDPHP) – Hudson Valley (310)		
Individual	\$ 54.55	\$225.47
Family	\$188.51	\$500.75
 Community Blue (067)		
Individual	\$ 26.83	\$241.52
Family	\$149.12	\$552.19
 Empire BCBS HMO - Upstate (280)		
Individual	\$ 34.14	\$259.22
Family	\$170.18	\$583.15

	<u>Employee</u>	<u>Employer</u>
Empire BCBS HMO - Downstate (290)		
Individual	\$114.90	\$265.62
Family	\$382.91	\$598.06
Empire BCBS HMO - Mid-Hudson (320)		
Individual	\$104.49	\$263.80
Family	\$352.94	\$593.79
GHI HMO (220)		
Individual	\$107.88	\$248.14
Family	\$369.35	\$554.47
GHI HMO (350)		
Individual	\$134.12	\$248.14
Family	\$447.52	\$554.48
HIP of New York (050)		
Individual	\$ 53.67	\$240.98
Family	\$178.52	\$533.18
HMO Excellus BCBS - Central (072)		
Individual	\$ 77.08	\$228.57
Family	\$241.75	\$503.08
HMO Excellus BCBS - Utica (160)		
Individual	\$ 88.86	\$235.93
Family	\$299.66	\$591.41
Independent Health (059)		
Individual	\$ 37.56	\$234.38
Family	\$147.71	\$530.64
MVP Health Care (058) (Rochester)		
Individual	\$ 21.73	\$195.62
Family	\$ 100.54	\$432.06
MVP Health Care – (060) (East)		
Individual	\$ 23.62	\$212.63
Family	\$109.45	\$470.14

	<u>Employee</u>	<u>Employer</u>
MVP Health Care – (330) (Central)		
Individual	\$ 42.86	\$221.32
Family	\$158.21	\$491.42
MVP Health Care – (340) ) (Mid-Hudson)		
Individual	\$ 47.58	\$221.50
Family	\$169.69	\$491.80
MVP Health Care – (360) (North)		
Individual	\$ 83.48	\$223.50
Family	\$260.86	\$500.80