

**NYSHIP Rate Changes Effective October 1, 2010**  
*and*  
**Special Option Transfer Period August 2 - 31, 2010**

*for Retirees, Vesteas, Dependent Survivors, and Enrollees Covered Under Preferred List Provisions of New York State Government and their Enrolled Dependents*

**Note: The following information does not apply to Retirees of Participating Employers**

Provisions of 2010-2011 Emergency Budget legislation resulted in a NYSHIP rate change effective October 1, 2010. The new rates included in [NYSHIP Rate Changes Effective October 1, 2010](#), which were mailed to your home in early August, will be in effect through the end of 2010. As a result of these rate changes, there will be a Special Option Transfer Period during the month of August for eligible enrollees. See [NYSHIP Rate Changes Effective October 1, 2010](#) for the new rates for 2010.

If you are considering changing your health insurance plan for the remainder of 2010 or wish to review your current plan, you may use our online [NYSHIP Plan Comparison tool](#) to generate a side-by-side comparison of the benefits provided by each of the NYSHIP plans in your area. Select your group and the counties in which you live and work. Then, check the box next to the plans you want to compare and click on Compare Plans to generate the easy-to-read comparison table. Or, for a copy of the Choices booklet that also includes this information, click on the link provided or contact the Employee Benefits Division at 518-457-5754 or 1-800-833-4344.

Note: A change during this Special Option Transfer Period will not be counted as an option change for the purposes of your once in a 12-month period limit. Health insurance rates and benefit plan information for the 2011 plan year will be available at the end of the 2010 calendar year as they normally are, and you will have the opportunity to review this material and change options again at that time if you wish to do so.